CLASSES BEGINNING IN July
015LS-49 July 13 – July 22 (Mon, Tue & Wed) 11 am - 1 pm
015LS-50 July 18 – Aug 1 (Saturday) 1 pm – 5 pm
015LS-51 July19 – Aug 2 (Sunday) 11 am – 3 pm
015LS-52 July 21 – Aug 5 (Tue & Wed) 6 pm - 8 pm
015LS-53 July 23 – Aug 6 (Thursday) 10 am - 2 pm
015LS-54 July 27 – Aug 5 (Mon, Tue & Wed) 11 am – 1 pm

"The way I talk to my children becomes their inner voice."

CLASSES BEGINNING IN August
015LS-55 Aug 8 – Aug 22 (Saturday)
1 pm – 5 pm
015LS-56 Aug 9 – Aug 23
(Sunday)
11 am – 3 pm
015LS-57 Aug 10 – Aug 19
(Mon, Tue & Wed)
11 am – 1 pm
015LS-58 Aug 11 – Sept 2
(Tue & Wed)
6 pm – 8 pm
*No Class 8/25 or 8/26*
015LS-59 Aug 13 – Sept 3
(Thursday)
10 am – 2 pm
* No Class 8/27*
015LS-60 Aug 31 – Sept 9
(Mon, Tue & Wed)
11 am – 1 pm
*5 Day* <sup>'</sup>
*No Class 9/7 Labor Day*

"I am not alone that there are other people who are having similar problems in their life also that I can relate too."

All Classes are held at: Directions for Youth & Families 3616 E. Main St. Columbus, Ohio 43213

CLASSES BEGINNING IN  September
015LS61 Sept 8 – Sept 23 (Tue & Wed) 6 pm – 8 pm
015LS-62 Sept 10 – Sept 24 (Thursday) 10 am – 2 pm
015LS-63 Sept 12 – Sept 26 (Saturday) 1 pm – 5 pm
015LS-64 Sept 13 – Sept 27 (Sunday) 11 am - 3 pm
015LS-65 Sept 14 – Sept 23 (Mon, Tue & Wed) 11am – 1 pm
015LS-66 Sept 28 – Oct 7 (Mon, Tue & Wed) 11 am – 1 pm
015LS-67 Sept 29 – Oct 14 (Tue & Wed) 6 pm – 8 pm

## Class Details...

Our curriculum is based on the Nurturing Parenting Program.

<sup>&</sup>quot;The different ways to interact, love and respect my children without yelling or getting mad."

## Topics covered in each class series:

- Self-esteem
- Child development
- Positive communication
- Effective discipline
- Stress management

## To Register

Call Intake at 614-294-2661

## **Fees**

Based on a sliding fee scale and individual's income.



www.dfyf.org

Directions for Youth & Families 3616 E. Main St. Columbus, Ohio 43213



Parenting Class Schedule
July - September 2015



Parenting classes to strengthen family life

